

# Maryland SHIP "Health Action" Newsletter

November 22, 2013

Visit the [SHIP](#) site

Visit the [HSIA](#) site

Follow us on [twitter](#)

Like us on [Facebook](#)

Join Our List



## Comments

Click [here](#) to e-mail us with comments, questions, suggestions, and/or feedback.



Governor Martin O'Malley  
Lt. Governor Anthony G. Brown  
DHMH Secretary Josh Sharfstein

## Maryland Universities Form Collaborative to Combat Campus Drinking



### THE MARYLAND COLLABORATIVE TO REDUCE COLLEGE DRINKING AND RELATED PROBLEMS

The Maryland Collaborative to Reduce College Drinking and Related Problems is a joint effort by higher education institutions and community partners to reduce college alcohol use and create environments, policies and practices to support a safe and healthy college experience that prepares students to succeed in college and in the rest of their lives.

College student drinking problems result in social and economic costs for families, friends, and the community. Consequences include assaults, injuries, impaired driving, alcohol abuse, and death. Approximately 19% of underage drinkers and 22% of students between the ages of 21 and 24 practice alcohol abuse or dependence. Strategies to reduce college drinking include peer advocacy and education, risk-reduction, and prevention campaigns.

Click [here](#) to learn more.

Click [here](#) for more information about the Maryland Collaborative to Reduce College Drinking and Related Problems.

View the [SHIP measure](#) and [tools](#) for decreasing the rate of alcohol-impaired driving fatalities.

## Laurel Regional Hospital to Expand Women's Health



Dimensions Healthcare System

### Laurel Regional Hospital

Laurel Regional Hospital is planning to expand services to include a one-stop facility dedicated to comprehensive health care for women. The proposed center would include, in one location, specialists from many disciplines including obesity prevention, diabetes management, stress reduction, and mammography screenings. Women are the biggest health care consumers and a comprehensive center for their health care does not exist in Prince George's County. Although breast cancer deaths have declined according to local reports, 4,700 women are expected to be diagnosed with breast cancer in 2013. The high incidence of breast cancer in Prince George's

County contributed to the need for a comprehensive health center for women.

Click [here](#) for more information.

### Baltimore Center Launching LGBT-Focused Substance Abuse Recovery Program



The Gay, Lesbian, Bisexual, and Transgender Community Center of Baltimore (GLCCB) in partnership with Maryland RecoveryNet is increasing access to LGBT-focused support services for transgender residents recovering from substance abuse. A

2010 report estimated 20% to 30% of the LGBT population are substance abusers, compared to about 9% of the general population.

Low self-esteem, discrimination and a lack of cultural competency in the health care system are considered responsible for the high substance abuse rate among the LGBT community. Coordinators at the community center enroll participants in recovery and treatment programs, connect them to employment services and help ensure those recovering from substance abuse are building the foundation needed for full recovery.

Click [here](#) for more information.

Click [here](#) for more information about the Gay, Lesbian, Bisexual, and Transgender Community Center of Baltimore (GLCCB).

Click [here](#) for more information about Maryland RecoveryNet.

View the [SHIP measure](#) and [tools](#) for reducing drug induced deaths.

View the [SHIP measure](#) for reducing drug and alcohol related intoxication deaths.

Click [here](#) to view the SHIP featured topic for sexual minority health.

### Rural Health Network Development Planning Grant Program



The Office of Rural Health Policy (ORHP) has announced the release of the FY 2014 Rural Health Network Development Planning Grant Program. This program will assist in the

development of an integrated healthcare network by bringing together key parts of a rural health care delivery system. The goal is to achieve efficiency, increase capacity and improve the quality of essential health care services over a given geographic area.

Successful applicants may request up to \$85,000 for one year to create a foundation for their infrastructure and form a coordinated plan among members to address important regional or local health needs. The deadline to submit applications is January 16, 2014. Join the technical assistance call on Tuesday, December 3, 2013 at 1:00 p.m. ET for information about preparing your application.

Click [here](#) to join the meeting, or dial [800-475-0512](tel:800-475-0512) and use the access code 5732913.

Click [here](#) for more information about the Rural Health Network Development Program.

Click [here](#) to access the application and reference HRSA-14-043 in the funding opportunity box.

### News from the Office of Primary Care Access

#### **December Events with the University of Maryland Shore Regional Health**

Click [here](#) for a list of health education and screening events being held throughout the month of December by the University of Maryland Shore Regional Health.

#### **Upcoming Events**

Rural Maryland Council Executive Board Meeting  
January 24, 2014 (12 PM - 2 PM)  
PCC West, Miller Senate Building  
11 Bladen St, Annapolis, MD 21401

Rural Health Policy Institute  
National Rural Health Association  
February 4 - 6, 2014  
Washington, DC